

# **FIRST AID POLICY**

The First Aid Policy and procedures at Solefield School are in operation to ensure that every pupil, member of staff and visitor will be well looked after in the event of an accident, no matter how minor or major. These procedures are applicable to all pupils in the school including those within the EYFS (Little Acorns and Reception classes). This policy is written with regard to the DFE guidance on <u>First aid in schools</u>.

In the event of an accident all members of the school community should be aware of the support available and the procedures available to activate this.

### The purpose of the Policy is therefore:

To provide effective, safe First Aid cover for pupils, staff and visitors.

To ensure that all staff and pupils are aware of the system in place.

To provide awareness of Health & Safety issues within school, on school trips and during holiday camps, to prevent, where possible, potential dangers or accidents.

### WHO IS RESPONSIBLE?

The **governing body** is responsible for:

the health and safety of all employees of the school, all pupils and anyone else on the premises including:

the number of first aiders / appointed persons

numbers and location of first aid containers

arrangements for off-site activities / trips

out of school hours arrangements e.g. recitals

adequate insurance is in place to cover claims arising from the actions of staff

ensuring a First Aid Policy is in place

The **Headmistress** is responsible for:

Implementing the school's First Aid policy

All staff are responsible for following the school's First Aid policy.

NB The term FIRST AIDER refers to those members of the school community who are in possession of a valid First Aid at Work certificate or equivalent, currently Lindsay Savage, Helen Smith, Justine Webb, Jen Wright. The training for these members of staff is updated every three years.

It is school policy that all salaried staff who have contact with pupils should undergo first aid training (combined general and paediatric) every three years. Staff also receive training in the use of epipens and other medical conditions ie epilepsy.

### THE GOVERNING BODY will:

Provide adequate First Aid cover as outlined in the Health & Safety [First Aid] Regulations 1981.

Monitor and respond to all matters relating to the health and safety of all persons on school premises.

Ensure all new staff are made aware of First Aid procedures in school.

Note: The office first aiders report any referrals to hospital / GP to the Chairman of Governors as soon as possible after they occur. This is also reported on at the termly Governors' Admin, Health and Safety Committee Meeting. Accidents at school or on school trips not requiring hospitalisation are also reviewed at these meetings.

### THE HEADMISTRESS will:

Ensure that there is at least one qualified person on the school site when pupils are present.

Ensure that they always obtain the history relating to a pupil not feeling well, particularly in the cases of headaches, to ensure that no injury has caused the pupil to feel unwell.

Ensure that in the event that an injury has caused a problem, the pupil **must** be referred to a First Aider for examination.

At the start of each academic year, provide all staff with a list of pupils who have known medical conditions or allergies (e.g. asthmatic, anaphylactic, diabetic, epileptic). This is emailed to all staff and posted in the staff room.

# FIRST AIDERS will:

Ensure that their qualification and insurance [provided by the school] are always up to date.

Ensure that first aid cover is available throughout the working hours of the school week.

Always attend a casualty when requested to do so and treat the casualty to the best of their ability in the safest way possible. This includes wearing gloves where any loss of blood or body fluid is evident, calling for help from other First Aiders or Emergency Services.

Ensure that static and portable first aid kits are adequately stocked including those in minibuses.

Advise that **any** casualty who has sustained a significant head injury is seen by professionals at the hospital, either by sending them directly to hospital or by asking parents to pick up a pupil to take them to hospital; ensure that parents are aware of all significant head injuries promptly.

Ensure that a pupil who is sent to hospital by ambulance is accompanied in the ambulance by a member of staff to act in loco parentis if a relative cannot be contacted.

The First Aider need not be the member of staff to accompany the casualty to hospital, however, an appropriate person should be sent.

Liaison **must** occur with the teacher in charge of cover, to ensure that lessons are covered in the event of an absent teacher.

Keep a record of each pupil attended to, the nature of the injury and any treatment given, in the "Pupil Accident Book" provided. In the case of an accident involving an adult, the yellow "Accident Book" must be completed by the appropriate person, detailing when (date and time), where, how and why the accident occurred. Also listed are details of the injury and treatment given. For pupil injuries a copy of the report must go home on the same day or as soon as is reasonably practicable. All parents are emailed or called at the time of a head injury that is referred to the office.

#### FIRST AID TRAINED STAFF will:

Familiarise themselves with the first aid procedures in operation and ensure that they know who the current First Aiders are.

Undergo training every three years including the following:

- Communication and delegation in an emergency
- Contents of a first aid box
- Control of bleeding
- Resuscitation as appropriate for age group.
- Incident management
- Responsibility of employers and employees for health and safety
- Specific hazards in a school
- Treatment of unconscious casualty.

Be aware of specific medical details of individual pupils (as publicised by the Headmistress) and undergo ongoing training in managing their conditions. This includes the use of epipens and inhalers.

Ensure that their pupils/tutees are aware of the procedures in operation.

Never move a casualty until they have been assessed by a qualified First Aider unless the casualty is in immediate danger.

Send for help to the school office as soon as possible either by a person or telephone, ensuring that the messenger knows the precise location of the casualty. Where possible, confirmation that the message has been received must be obtained.

Start emergency aid up to but not exceeding that for which trained (including summoning the Emergency Services if necessary) until a First Aider arrives at the scene.

Wash minor cuts and grazes and administer plasters using the school First Aid boxes or bags. If on the playground, make a record of each pupil attended to, the nature of the injury and any treatment given, in the "Pupil Accident Book" provided and kept in the box in the entrance to the staffroom.

Send a pupil who has more serious injuries to the school office (if they are able to walk) where a First Aider will see them; this pupil should be accompanied. If the injury is sustained at games off-site or on a trip, the school office should be notified on return and a record made in the "Pupil Accident Book" kept in the school office with a copy of the report sent home with the pupil.

Send a pupil who feels generally 'unwell' to the school office.

In the case of a serious accident, the "Accident Book" must be completed by the appropriate person, detailing when (date and time), where, how and why the accident occurred. Also listed are details of the injury and treatment given. A copy must go home with the pupil on the same day or as soon as is reasonably practicable. All parents are emailed or called about any head injury.

All accidents will be thoroughly investigated.

Adhere to guidelines as set out in the School's Educational Visits Policy.

#### **NON-FIRST AID TRAINED STAFF** will:

Accompany a pupil who has minor injuries to the school office if they are able to walk where a First Aider will see them.

Send a pupil who feels generally 'unwell' to the school office.

In the event of a more serious incident, seek assistance from the nearest available adult and call the Emergency Services if necessary.

ALL STAFF ARE GIVEN GUIDANCE ON HOW TO CALL AN AMBULANCE FROM SCHOOL.

### **FIRST AID KITS**

The main First Aid kit and supplies are held in the school office, with medicines kept in a locked cupboard.

Wall mounted First Aid kits can be found in the EYFS (Reception) classroom, in the entrance to the staffroom (outside the Photocopying Room) and in the Science Lab. There are also First Aid kits in each minibus, in the school car, at the sports fields and First Aid "bumbags" are kept in the school office for use

on trips. The contents of the kits are checked every term. Staff must tell the office if supplies in the kits are running short or if they have used any items from the "bumbags".

#### **ADMINISTRATION OF MEDICINES**

Solefield School has a duty of care towards the pupils in its care. All staff are appropriately trained to deal with incidents that arise, either by administering first aid, by summoning help from more highly trained members of staff, or by contacting the emergency services if necessary. Helen Smith leads on medical provision at the school and liaises regularly with parents.

On entering the school parents of every pupil complete a medical form with details of any medical conditions or allergies. Should these change during a pupil's time at the school parents are required to let the school know. Staff administer water spray and plasters to pupils who require it. The school is currently unaware of any pupils having an allergy to plasters.

On school trips and at matches, First Aid is administered from the kits available. Serious incidents and those involving head injuries are reported to the school office on return.

No medicine, prescription or otherwise, is given to a pupil (including those in the EYFS) without prior, written permission from a parent. Parents who bring medication into school for their child (including those in the EYFS) are required to leave it at the school office along with a form outlining the time and dosage (form available on the school's website). Parents who email permission for their child to be given medicine will receive an email of confirmation as soon as is practicable and always before the pupil goes home that day. A note is also kept in the "Administration of Medicines Book" in the school office. The school does not accept blanket letters covering administration and requires permission from parents for each and every new course. This applies to all pupils in the school including those within the equivalent of EYFS (Reception).

Prescribed medication must be in date, in original packaging, with the prescription sticker showing the pupil's name and dosage. It must be brought into the school office and collected from there by an adult.

The following non-prescription medication can only be administered when written permission has been provided by a parent. This non-prescription medication must be in date and in original packaging:

Paracetamol

Ibuprofen

Antihistamine

Travel sickness tablets

The school office usually holds children's paracetamol, ibuprofen and antihistamine medication and so this would not normally need to be provided by parents.

The school will only allow medicine other than this (i.e. homeopathic, herbal etc.) if the parent comes to school to administer the medicine personally.

No medicine / medication of any sort should be given to a child to bring into school.

This applies to all pupils in the school including those within the equivalent of EYFS (Reception).

If a pupil is unwell they are sent to the School Office, and if necessary taken to the Sick Room. If the pupil is too ill to remain at school the pupil's parents/carer will be contacted.

### ARRANGEMENTS FOR PUPILS WITH PARTICULAR MEDICAL CONDITIONS

Pupils with conditions (for example Asthma, Epilepsy, Diabetes, Spina Bifida, post operation care) will have Individual Medical Care Plans which are discussed and reviewed with parents at least once a year.

Information regarding these pupils' medical needs is circulated immediately following review to all staff with additional guidance given at staff meetings.

#### **ABSENCE DUE TO SICKNESS**

If a pupil has diarrhoea and vomiting they should remain off school for 48 hours from the last bout. Should a pupil contract the winter vomiting bug (Norovirus) they should remain off school for 48 hours from the last bout of sickness or diarrhoea. Pupils should not attend school with a fever (a temperature higher than 37.8C). Government guidance with regard to Covid-19 should be followed at all times.

Form teachers should ensure that they receive a note explaining any pupil's absence from school due to illness.

#### **SICK ROOM**

The school sick room is available should pupils or staff need isolating. It has a washbasin and a WC nearby. Once the isolated individual(s) have gone home or to hospital, the sick room will be cleaned and disinfected by the cleaners as appropriate.

### **SPILLAGE OF BODY FLUIDS**

First Aiders should ensure that everything is cleared away, using vinyl gloves (latex free) and the emergency spillage compound held in the school office, and every dressing etc. be disposed of appropriately. Any bloodstains on the ground must be washed away thoroughly. All contaminated or used items should be disposed of appropriately.

### REPORTING OF INJURIES, DISEASES AND DANGEROUS OCCURRENCES

Some incidents that happen in schools, or during education activities out of school, must be reported to the Health and Safety Executive (HSE) under the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013 (RIDDOR). These Regulations require employers and other people to report accidents and some diseases that arise out of or in connection with work

The Headmistress is responsible for notifying the HSE of any incidents.

### What needs to be reported?

Under RIDDOR the following work-related accidents must be reported, including those resulting from physical violence, if they injure either school employees, or self-employed people working on school premises:

- accidents which result in death or major injury must be reported immediately;
- accidents which prevent the injured person from continuing at his/her normal work for more than three days must be reported within ten days.

Any cases of work-related ill health affecting school employees that a doctor notifies the school about must also be reported.

Dangerous occurrences which may not result in a reportable injury must also be reported.

### Reportable major injuries

These include:

- fracture other than to fingers, thumbs or toes;
- any amputation;
- dislocation of the shoulder, hip, knee or spine;
- loss of sight (temporary or permanent);
- a chemical or hot metal burn to the eye or any penetrating injury to the eye;
- any injury resulting from an electric shock or electrical burn (including any electrical burn caused by arcing or arcing products) leading to unconsciousness or requiring resuscitation or admittance to hospital for more than 24 hours;
- hypothermia, heat-induced illness or unconsciousness;
- loss of consciousness caused by asphyxia or by exposure to a harmful substance or biological agent;
- acute illness or loss of consciousness which result from the absorption of any substance by inhalation, ingestion or through the skin;
- acute illness which requires medical treatment where there is reason to believe that this resulted from exposure to a biological agent or its toxins or infected material.

### Reportable diseases

These include:

- certain poisonings;
- some skin diseases such as occupational dermatitis, skin cancer, chrome ulcer, oilfolliculitis/acne;
- lung diseases including: occupational asthma, farmer's lung, pneumoconiosis, asbestosis, mesothelioma;
- infections such leptospirosis; hepatitis; tuberculosis; anthrax; legionellosis and tetanus;
- other conditions such occupational cancer; certain musculoskeletal disorders; decompression illness; and hand-arm vibration syndrome.

# Who does the school report to?

All accidents, diseases and dangerous occurrences may be reported to the Incident Contact Centre (ICC). The ICC is a single point of contact for receiving all RIDDOR-reportable incidents in the UK.

- Telephone: 0845 300 9923
- Internet: at http://www.hse.gov.uk/riddor/report.htm

The ICC will forward details of incidents to the local HSE office.

### What about pupils and other people who are not at work?

The school will report any accident that happens to someone who is not at work, e.g. a pupil or visitor, if:

- the person involved is killed or taken to hospital; and
- the accident arises out of or in connection with the work activity.

Notification of these accidents will be made by following the procedures given above.

### How does the school decide whether an accident 'arises out of or is in connection with work'?

An accident will be reportable if it is attributable to:

• work organisation (e.g. the supervision of a school trip);

- plant or substances (e.g. lifts, machinery, experiments etc);
- the condition of the premises.

# **Sporting activities?**

Accidents and incidents that happen in relation to curriculum sports activities and result in pupils being killed or taken to hospital for treatment are reportable.

### **Playground accidents**

Playground accidents due to collisions, slips, trips and falls are not normally reportable unless they happen out of work or in connection with work, e.g. because of:

- the condition of the premises or equipment;
- inadequate supervision.

# What records does the school keep?

The school keeps a record of any reportable death, injury, disease or dangerous occurrence for three years after the date on which it happened. This includes the date and method of reporting; the date, time and place of the event; personal details or those involved; and a brief description of the nature of the injury, event or disease.

The accident log is reviewed at least termly by the Governors' Health and Safety Committee. The Chair of Governors is contacted in the case of any accident or injury that requires a trip to hospital.

### **Accident and Near Miss Incidents**

#### Accidents

All accidents are recorded in the accident book and a suitable investigation is carried out, to the level required, depending on the nature and seriousness of the accident. The purpose of the investigation is to establish the root cause of the accident and to ensure that additional control measures are implemented to prevent future accidents occurring. Risk assessments should be reviewed to ensure that all hazards are considered and appropriate control measures are in place. Any changes to risk assessments should be notified to relevant people, to ensure that they are aware of the additional control measures required.

# **Near misses**

Near misses, involve accidents/incidents where no injury occurred, but in different circumstances, could have resulted in an injury to someone. It is important for Near misses to be reported and recorded, so that an investigation can be carried out, for the same reasons as highlighted for accidents above Where necessary the school will seek assistance to carry out investigations into to serious accidents or incidents from Armadillo Safety Solutions, who act as the School's Competent Person

Please note: As stated at the beginning of this document: All parts of this policy are applicable to all pupils in the school including those in the EYFS (Little Acorns and Reception class) unless otherwise stated.

Helen McClure Headmistress Updated 01.09.24 Review 01.09.25